

Things We Never Got Over: A Haunting Exploration of Trauma and Loss

In the captivating pages of **Things We Never Got Over**, Lucy Foley weaves a haunting and emotionally resonant tale that delves into the complexities of trauma, loss, and the enduring scars that shape our lives. This poignant novel explores the aftermath of a tragic event that has torn a family apart, leaving its members grappling with the weight of unresolved grief and the secrets that have been buried for far too long.



Things We Never Got Over by Lucy Score

★★★★☆ 4.5 out of 5

Language	: English
File size	: 2899 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 572 pages
Lending	: Enabled



Trauma's Lingering Echoes

The novel opens with the discovery of a teenage girl's body in the woods, an event that sends shockwaves through the small town of Willow Creek. As investigators piece together the circumstances surrounding her death, it becomes clear that she was the victim of a brutal assault. The news of her untimely demise reverberates through the community, shattering the

illusion of a peaceful sanctuary and exposing the hidden currents of darkness that lie beneath its idyllic facade.

Through the eyes of four siblings, each carrying their own burdens of grief and guilt, we witness the devastating impact of the tragedy on their lives. The eldest, Kate, is a successful journalist whose carefully constructed life is thrown into disarray when she is forced to confront the demons of her past. Josh, the second eldest, is a doctor struggling with addiction and the weight of his own secrets. Sam, the youngest, is a troubled teenager who has retreated into a world of isolation and self-destruction.

As the siblings come together in the wake of their shared loss, long-buried resentments and unspoken truths begin to surface. They are haunted by the memories of that fateful night, each one harboring their own version of events and the guilt they have carried for so long. With each revelation, the cracks in their family's foundation widen, threatening to shatter the delicate bonds that hold them together.

The Search for Healing and Redemption

As the novel progresses, the siblings embark on a poignant journey of self-discovery and healing. Kate must confront the trauma she has suppressed for years, while Josh struggles to break free from the grip of addiction and face the consequences of his past actions. Sam, too, must confront his own demons and find a way to reintegrate into a world that feels both familiar and alien.

Along the way, they encounter a cast of characters who each provide a unique perspective on the nature of grief, trauma, and the transformative power of forgiveness. There is the enigmatic Laurie, a therapist who guides

the siblings on their journey of self-discovery, and the compassionate Emily, a young woman who helps Sam find a sense of belonging. Through their interactions with these characters, the siblings begin to understand the importance of breaking the cycle of silence and seeking help.

The Enduring Power of Family

Despite the challenges they face, the siblings find solace in the enduring power of their family bond. Through their shared experiences of loss and pain, they discover a renewed sense of purpose and a deep-rooted love that transcends their differences. They learn that forgiveness is not about forgetting the past, but about letting go of the burden of guilt and shame that has weighed them down for so long.

In the end, **Things We Never Got Over** is a testament to the resilience of the human spirit. It is a story about the enduring scars of trauma, the transformative power of healing, and the enduring bonds of family. Lucy Foley's masterful storytelling and emotionally evocative prose create a haunting and unforgettable experience that will linger in the minds of readers long after they finish the final page.

For those who have experienced trauma or loss, **Things We Never Got Over** offers a beacon of hope and a reminder that healing is possible, even after the most devastating events. Through its exploration of complex characters and their journey toward redemption, the novel serves as a powerful reminder of the importance of breaking the silence, seeking help, and finding the strength to move forward.

Additional Resources

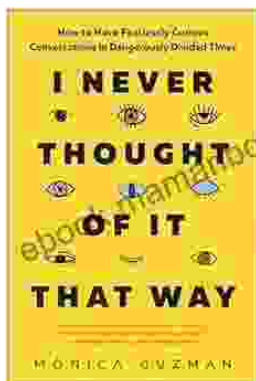
- The Bookseller: Lucy Foley's Things We Never Got Over acquired by William Morrow
- Goodreads: Things We Never Got Over
- HarperCollins: Things We Never Got Over



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