# Columbine to Santa Fe: A Journey Through American School Shootings

On April 20, 1999, two students at Columbine High School in Littleton, Colorado, opened fire on their classmates, killing 13 and wounding 21. The shooting shocked the nation and sparked a national debate about school safety and gun violence. In the years since Columbine, there have been dozens of other school shootings in the United States, including the Sandy Hook Elementary School shooting in Newtown, Connecticut, in 2012, and the Marjory Stoneman Douglas High School shooting in Parkland, Florida, in 2018.



### Twenty Years of School-based Mass Shootings in the United States: Columbine to Santa Fe by Jason McBride

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In this article, we will take a look at the history of school shootings in the United States, from Columbine to Santa Fe. We will examine the causes of

these shootings, the consequences, and the potential solutions.

#### **Causes of School Shootings**

There is no single cause of school shootings. However, there are a number of factors that have been identified as contributing to these tragedies:

- \*\*Mental health issues:\*\* Many school shooters have been found to have mental health issues, such as depression, anxiety, and psychosis. These issues can lead to feelings of isolation, hopelessness, and anger, which can in turn lead to violence.
- \*\*Easy access to guns:\*\* The United States has a much higher rate of gun ownership than any other developed country. This makes it easy for people, including children, to obtain guns.
- \*\*Violent media:\*\* Some experts believe that exposure to violent media, such as video games and movies, can desensitize people to violence and make them more likely to engage in violent behavior.
- \*\*Bullying:\*\* Bullying is a common problem in schools. It can lead to feelings of isolation, anger, and revenge, which can in turn lead to violence.

#### **Consequences of School Shootings**

The consequences of school shootings are devastating. The victims of these shootings are not only the students and staff who are killed and injured, but also their families and communities.

School shootings can lead to a number of psychological problems, such as anxiety, depression, and post-traumatic stress disorder (PTSD). These problems can interfere with a person's ability to function in everyday life.

School shootings can also lead to social problems, such as increased fear of crime and violence, and a loss of trust in the community.

#### **Potential Solutions**

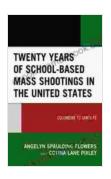
There is no easy solution to the problem of school shootings. However, there are a number of measures that can be taken to reduce the risk of these tragedies:

- \*\*Improving mental health services:\*\* Early identification and treatment of mental health issues can help to prevent violence. Schools can play a role in this by providing mental health screening and counseling services to students.
- \*\*Restricting access to guns:\*\* The United States needs to do a better job of restricting access to guns, especially for people who are at risk of harming themselves or others.
- \*\*Reducing violent media:\*\* Parents and educators need to be aware of the potential effects of violent media on children and young adults. They can help to reduce exposure to violent media by limiting screen time and choosing age-appropriate content.
- \*\*Addressing bullying:\*\* Bullying is a serious problem that can have devastating consequences. Schools need to implement policies and programs to address bullying and create a safe and supportive learning environment for all students.

School shootings are a tragic reality in the United States. These shootings have a devastating impact on the victims and their families, as well as on the entire community. There is no easy solution to the problem of school shootings, but there are a number of measures that can be taken to reduce

the risk of these tragedies. By working together, we can make our schools safer and create a more just and peaceful society.





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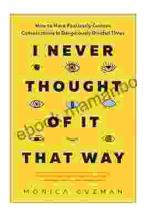
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